

INSTRUCTIONS FOLLOWING MINOR ORAL SURGERY

- 1. Some drainage resulting in your saliva being red is to be expected.**
- 2. Continue to bite on gauze for 30 minutes.** Repeat biting on moist gauze until the oozing stops. Double the time for biting on the gauze when the oozing continues.
- 3. If excessive bleeding occurs,** soak a gauze sponge in a strong tea solution and bite on this for one hour. If bleeding continues notify our office.
- 4. Take your medication as instructed.**
- 5. Ice or cold compresses will help reduce swelling** for the first 24 to 48 hours. Swelling may reach its peak in 48 hours.
- 6. Resume oral hygiene as tolerated.** Use cotton swabs in the area of surgery.
- 7. Eat and drink what you are able to handle.** Be sure of adequate fluid intake.
Do not use straws. No smoking for one week.